**Problem:**

An old person that does little movement and needs supervision cannot be constantly watched over.

**Solution:**

This app helps them keep in touch with their contact person. From the settings activity, the contact person can set a number of destinations where the old person usually goes, adding the distances towards them. Also, he can add a list of pills and medicine that the old person needs to take. From the settings activity, he also sets the phone number where the sms’s will be sent, and a comforting panic text that will be displayed in case the panic button is pressed.

When the user goes to a destination, he taps on the destination in the Movement Track list, and a sms is sent to the contact person containing the destination. Also, the movement log adds the distance to its file, so a doctor could know how much movement does the old person do. To delete that destination, the user must long-press it.

The pills list is intended to be just a reminder for the user to know what pills does he need to take. To delete that pill/medicine, the user must long-press it.

In case of an emergency, the user can press the panic button, which sends a sms to the contact person, telling him that he must take action immediately. Also, a comforting text will be displayed so the user knows that help is on its way.